

~ PLEASE NOTE ~

24 HOURS PRIOR TO A PAP TEST PLEASE DO NOT

Do not engage in sexual intercourse

Do not use lubricant

Refrain from douching

*Use of these products or engaging in any of the above activity could interfere with the results of your PAP test and must be disclosed to the nurse prior to your test being performed



Please remember to bring your Care Card



Empowering Individuals
Creating Safety
Creating Options